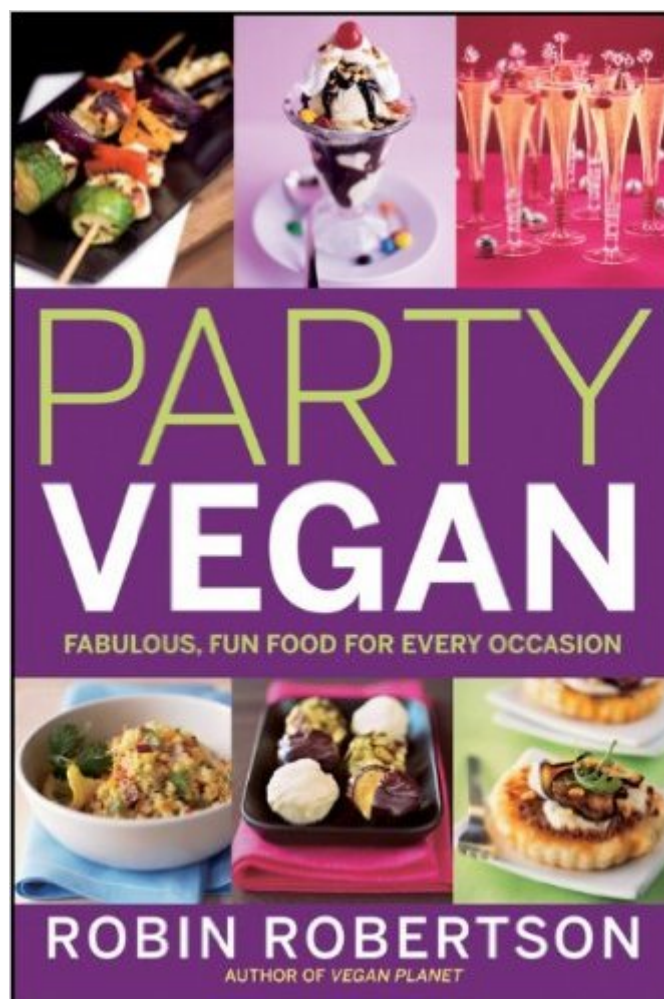


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Party Vegan



Synopsis

The first and only vegan celebration cookbook on the market It's one thing to cook vegan for yourself, but what about hosting parties and holiday get-togethers for friends and family? Party Vegan has you covered with more than 140 scrumptious animal-free recipes for parties of every kind. Whether you're hosting a child's birthday or a sophisticated cocktail party, you'll find many vegan options that even omnivorous guests will love. But this is more than just a cookbook. It's a detailed guide to hosting vegan parties, covering everything from party planning to food presentation to shopping lists. Virtually every big special occasion is includedâ Fourth of July, Thanksgiving, Hanukkah, and even the Super Bowl. Includes handy tips on planning your themes, menus, and trips to the market This is the first cookbook dedicated to vegan party recipes Party Vegan is ideal for people with vegan family or friends, as well as those who are watching their diet or have food allergies For any occasion, this is a perfect cookbook for hosting fun parties that will delight vegans, vegetarians, and anyone who loves healthy, tasty food.

Book Information

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Customer Reviews

It's hard to get non-vegan family and friends to enjoy themselves at parties. Enter Party Vegan. This book is full of recipes from quick bites to full meals, all categorized by holiday, which helps make planning much easier. Along with the recipes are tips for how to estimate the amount of food to make, ideas to make planning easier and a party punch recipe that will have guests wondering just how much bubbly is hidden amongst all the deliciousness. If you are interested in recipes to bring along to potlucks, or for Thanksgiving & Christmas parties, or if you are planning on throwing a party

yourself and want to be a party animal without serving any at your party, do yourself a favor and add this book to your collection.-Noelle Goveia[...]

I believe this is my fourth Robin Robertson cookbook, and thus far, none have let me down. Party Vegan starts with a solid tips and information section to help plan your party. From there it moves into 25 different menu-themed chapters of recipes. Thus far I have trialed three of the recipes. The Mini Falafels (from the "Crowd Control" chapter in the Moroccan Station) had a spot on flavor and texture, and were perfect for a make-ahead appetizer. The Fingerling Potato Salad with Pan-Fried Arugula Pesto (from the "a Picnic Lunch" chapter) was so rich in flavor that no guest would ever miss the Parmesan. And, the Chai-Spiced Muffins (from the "Mother's Day Brunch" chapter) were perfect for an everyday treat with tea. This is definitely a must have for entertaining any time of year.

I have found numerous ideas from this book, tried a number of them and turned out great! If your not wanting to go the way of "the old Vegan style cooking" but looking for something contemporary to modern living that non Vegans will enjoy too... this is a book for you!

If you're looking for great ideas for what to cook for any kind of gathering, from a special dinner for two to birthday party or other get-together, look no further than Party Vegan. Robin quite literally holds your hand and walks you through the planning and organizing and then the preparation and cooking for any event. Robin breaks it all down and then gives you the freedom to use her guided menus as much or as little as needed for your party. The party menus in the book guide you through every party scenario from the elegant sit-down dinner to the relaxed buffet and Robin provides you with information for just about any happenstance. Does one of your guests have an allergy? Check out the "Recipe swaps" for the planned menu. Afraid you might goof something up? Make sure to stock your "Impromptu Party Pantry" on page 23 and read up on "Last Minute Rescues". Recipes are also clearly marked with M for Make ahead and Q for quick and easy so you can plan accordingly. The recipes don't need to wait for a party either -- they're great for weeknight dinners, or anytime. Party Vegan is based on the idea that the best party is where you are relaxed and the guests enjoy themselves. With that philosophy and Party Vegan at your side you can't go wrong.

I own several Robin Robertson cookbooks and love them all, but I think she really outdid herself with Party Vegan. First, don't let the title fool you -- this book is so much more than a "party" book. The recipes are so easy and delicious, you'll want to make them all the time. I rarely entertain, but

I've been using this book for everyday cooking and it hasn't let me down. So far, I've made the Sherried Mushrooms, Curried Pakora Puffs, Fava Bean Hummus, Black Rice Salad, Baked Potato Skins, Pan-Fried Sesame Noodles and Broccoli, and Caramelized Tofu which are all fantastic recipes. I've only tried two desserts so far, the Orange-Kissed Chocolate Tiramisu and the Tres Leches Cupcakes. Both were amazing! If great recipes weren't enough, Robin also has a great section for how to entertain without stress that's filled with info and tips from her experience as a restaurant chef and caterer. I highly recommend this book.

....and this book makes vegan food look ravishing. I love this book for so many reasons. First, it makes vegan food fun and elegant. The book's design is crisp, the style is new -- it really destroys the old fashioned associations people have with vegan food. Teriyaki shiitake sticks -- so good! Pistachio-dusted chocolate-raspberry truffles -- this is the kind of thing I can bring to a pot luck and surprise all the non-vegans with. Yes, it is possible to have divine, indulgent meals without harming cows, pigs or chickens. Second, the recipes have grace -- that is, they are easy to make, the ingredients are not obscure, but they end up looking beautiful and tasting delicious. The author uses her imagination to come up with new approaches to food that just work. Third, the book has personality. This isn't just a cookbook, it's a how-to book on being the type of person who has a heart AND can pull off a classy party. For example, there's a section called "No Forks Allowed" that explains how the way that food is presented can affect the dynamic of a party. Foods that can be dipped, nibbled, stacked, wrapped and skewered are more conducive to mingling. The recipes are really interesting, like the Gingered "crab" cups with wasabi cream cheese -- it really takes vegan food to a more sophisticated level. Another thing I like about it is the convenient labeling of which recipes can be made ahead of time and which ones are quick and easy. These labels let me choose if I want to spend more time making something complex to test my culinary boundaries, or if I want to go for something graceful and easy. It's just a great cookbook!

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